

Robert B. Preli
Strategic Solutions
Individual, Couples and Family Therapy
63 Cherry Street
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Milford, CT 06460
(203) 283-9358

EDUCATION

- Fairfield University, Graduate School of Education and Allied Professions, Fairfield, CT** **May 2016**
MA in Marriage and Family Therapy
- Fairfield University, College of Arts and Sciences, Fairfield, CT** **May 2013**
BA Double Major: English: Creative Writing and Philosophy
- Amity Regional High School, Woodbridge, CT** **June 2009**

RESEARCH

Masters Thesis

Structural Family Therapy with Sports Teams: Symptom Alleviation and Performance Enhancement

- 108 participants from Fairfield University's athletics department
- Confirmed clear hierarchy, clear boundaries, and balanced adaptability is associated with sport performance

2016 National Council on Family Relations Conference Research Poster Acceptance

- Short poster presentation on Masters thesis material

2017 International Family Therapy Association's World Family Therapy Conference Presentation Acceptance

- 45 minute presentation on Masters thesis material

EXPERIENCE

- Boys and Girls Village, MDFT Clinician** **July 2016 – Present**
- Multidimensional Family Therapist
 - Provided intensive in-home services to adolescents and their families in crisis situations abusing substances
 - Focused on treatment in all contexts affecting the individual and the family
 - Focused on issues with substance abuse, violence, probation, abuse/trauma, etc.
 - Coordinated the provision of services within the community
- Trumbull Counseling Center Clinical Internship, Trumbull, CT** **September 2014 – April 2016**
- Marriage and Family Therapist
 - Structural and Strategic Family Therapy
 - Weekly supervision and case presentations
 - Treated individuals, couples, and families of all ages and abilities
 - Treatment of couple, parental, and other relational problems, as well as special issues such as ADHD, Bipolar, trauma, addiction, bereavement, depression, suicidal/homicidal ideation, etc.

- Fairfield University MFT Graduate Assistant, Fairfield, CT** **September 2013–December 2015**
- Responsible for day to day administration of the on-campus Marriage and Family Therapy clinic
 - Manage office, conduct new client intakes, manage client schedule, call clients, aiding clinicians
 - Responsible for aiding professors and supervisors
 - Responsible for aiding students and auditing/managing clinical training files
 - Responsible for organizing University and CTAMFT events
 - Responsible for orienting new students and clinical training students

- Edge Fitness Clubs** **May-December 2013**
- Membership sales
 - Front desk responsibilities

ACTIVITIES AND LEADERSHIP EXPERIENCE

- Fairfield University Varsity Men’s Rowing** **September 2014 – May 2015**
Men’s Varsity Rowing Coach
- Mentor and coach to Novice and Varsity
- Men’s Varsity and Novice Oarsmen** **September 2012 – May 2014**
- Heavy-weight collegiate 4+ and 8+
- Fairfield Bensonians** **September 2011 - May 2013**
Director/President
- Founded and directed a male a cappella group.
- Fairfield University Glee Club** **September 2010 – May 2013**
Social Coordinator and Section Leader
- Member of governing board
- Amity Regional High School Varsity Ice Hockey Team** **2008 - 2009**
Captain and Team Member
- Captain of a Division II Championship Varsity Men’s Hockey Team
 - Recipient of the Coaches award for excellence, leadership and sportsmanship.
 - Selected for the State All Star team.